

**NEW JERSEY  
MEDICARE  
QUALITY  
INITIATIVE**

# Diabetes Standing Orders

## *Diabetes Care Protocol*

Diabetes care will be given in compliance with American Diabetes Association standards. Standing orders may be initiated by placing them in the patient chart.

### 1. Standing Lab Orders:

- a. *HbA1c*: If the most recent HbA1c result is more than six months old, draw an HbA1c during this visit. (This does not have to be a diabetes-focused visit.)
- b. *Lipid panel*: If the most recent lipid panel is more than 12 months old, schedule the patient to return within 30 days for a fasting lipid panel.
- c. *Microalbumin*: If the most recent microalbumin is negative and more than 12 months old, or if the patient has never had a microalbumin test done, obtain a urine specimen this visit for protein and, if negative, also test for microalbumin. Patients on ACE inhibitors do not need microalbumin tests done.

### 2. Referrals:

- a. *Dilated retinal eye exam*: If the patient has not had a dilated retinal eye exam within the last 12 months, the patient will be given a referral during this visit.
- b. *Podiatry consult*: Patients with an abnormal foot exam will be considered for a podiatry referral.  
Examples of an abnormal foot exam include, but are not limited to, charcot joint, hammer toes or claw feet, or other deformities.

### 3. Patient Recall:

- a. Patients with diabetes who are identified as not having had a provider visit in more than six months will be sent a postcard reminding them to make an appointment for a provider visit.
- b. Patients with diabetes will be encouraged to make two diabetes-focused well visits during each calendar year. However, patients with diabetes presenting for visits for other reasons will have overdue lab work done at these visits.

Approved:

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PHYSICIAN

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DATE



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